

# JUNIOR GOLF PROGRAM



	Name	Age	Description
Stage 1	'Play'	3 to 5	Developing tools and foundations through fun and structured game and activities such as throwing, catching, hitting and much more.
Stage 2	'Fundamentals'	5 to 8	Developing complex Fundamental Movement Skills (stability, object control and awareness skills etc.) through games and activities.
Stage 3	'Train'	9 +	Introducing technical golf instruction, on course instruction, etiquette, rules and Club selection all in a fun environment.
Stage 4	'Train Plus'	9 +	For more advanced golfers technical golf instruction, on course instruction, etiquette, rules and Club selection all in a fun environment.
Stage 4	'Masters'	13 +	On course instruction is paramount at this stage as we gear juniors up to compete. Rules knowledge, etiquette, shot selection and course management will be among some of the advanced skills taught.

### Registration Includes:

15% on junior apparel in the golf shop | 10% on junior golf camps

Please email [dwayne.pearman@rosewoodhotels.com](mailto:dwayne.pearman@rosewoodhotels.com) for more information

