

# SUMMER ACTIVITY WEEKS



Make this Summer unforgettable for your kids with thrilling watersports. Choose from our **ten fantastic** courses.

## 1 YOUTH WATERSPORTS WEEK

Give the opportunity to embark on a dynamic adventure week that includes sailing, windsurfing, kayaking, SUPing, and rowing. Your kids will have fun learning multiple skills, from mastering the art of navigating the waters to harnessing the wind and exploring paddling techniques. Youth watersports weeks are not to miss!

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm  
**Dates:** Starting every Monday from the 1st July to the 26th August. Except Cup Match week 29th July which will be a 3 day week.  
**Ages:** 9-16yrs  
**Ability:** Light Swimming skills required.

**Member cost:** \$350.10 - \$431.10 (10% discount)  
**Member Guest cost:** \$389 - \$459 pp (10% discount)  
**Cup Match 3 day week member cost:** \$306pp  
**Cup Match 3 day week member guest cost:** \$340pp

## 2 YOUTH WATERSPORTS WEEK - HALF DAY

This 5-day watersports week aims to get children outdoors, whether it be sailing, windsurfing, stand up paddle boarding or rowing. They will develop teamwork and resilience as well as key water safety skills. A fun week of half day water-based activities will be one they won't forget.

**No of sessions:** 5 days (Mon-Fri), 9am to 12.30pm  
**Dates:** Starting on Monday the 1st, 8th & 15th July and the 5th August  
**Ages:** 7-16yrs  
**Ability:** Light Swimming skills required.

**Member cost:** \$310.50 pp (10% discount)  
**Member Guest cost:** \$345 pp

## 3 BEGINNER SAILING WEEK

Offer your kids a remarkable week-long sailing course. Where they'll learn teamwork, problem-solving, and decision-making, gaining independence and resilience. This course not only is great fun but provides essential sea safety skills as well. Through hands-on learning they will find a lifelong love for the sea and adventure.

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm  
**Dates:** Starting every Monday from the 1st July to the 26th August  
**Ages:** 9-16yrs  
**Ability:** Light Swimming skills required.

**Member cost:** \$409.50 pp (10% discount)  
**Member Guest cost:** \$455pp

## 4 BEGINNER WINDSURFING WEEK

Give your kids an unforgettable experience with our week-long windsurfing courses. They'll develop essential skills like balance, coordination, and decision-making while enjoying the thrill of harnessing the wind.

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm  
**Dates:** Starting every week from the 1st July to the 26th August  
**Ages:** 12-16yrs  
**Ability:** Light Swimming skills required.

**Member cost:** \$328.5 - \$387pp (10% discount)  
**Member Guest cost:** \$365 - \$430 pp

July-Aug  
Mon-Fri  
9am - 4pm



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**BEGINNER WINGING WEEK**

Introduce your kids to the latest craze - the exhilarating world of winging. As they master balance, coordination, and decision-making while riding the wind's power. Unlike Windsurfing the wing is not attached to the board! Through immersive experiences they will become confident and responsible on the water and get to grips with Winging.

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm

**Dates:** Starting on the 1st, 7th, 22nd, 29th of July and the 12th & 26th August.

**Ages:** 12-16yrs

**Ability:** Light Swimming skills required.

**Member cost:** \$404.10 to \$432 (10% discount)

**Member Guest cost:** \$449-\$480 pp

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**YOUTH FOILING WEEK**

This action packed week foiling in the, RS Aero adapted glide free foiling kits, the Skeeta and the Waszps will have your children experiencing flight above the water. During this thrilling week, the RYA first flights and sustained flights syllabus will be covered. Plenty of on water foiling time is combined with some theory discussions in between to reinforce the practical aspects.

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm

**Dates:** Starting on the 8th & 29th July and the 19th August.

**Ages:** 12-16yrs

**Ability:** Light Swimming skills required.

**Member cost:** \$396 - \$486 (10% discount)

**Member Guest cost:** \$440- \$540 pp pp

**Something more advanced?**

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**IMPROVER OR ADVANCED SAILING WEEK  
(STAGE 2/3)**

This youth improvers advanced sailing week covers the RYA youth sailing syllabus stage 3 in a safe and fun learning environment. A great way to take your beginner skills to the next level by refining and learning the skills required to handle a sailing dinghy. You will be able to sail the boat in moderate winds to a good level.

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm

**Dates:** Starting every Monday from the 1st of July to the 26th August.

**Ages:** 9-16yrs

**Ability:** Light Swimming skills required.

**Member cost:** \$391.50 - \$400.5 (10% discount)

**Member Guest cost:** \$435 - \$445 pp

\*Half day week available

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**RYA STAGE 3 WEEK**

Improve your previous sailing experience by learning how to sail efficiently, build your confidence by learning to sail on different points of the wind. From learning to capsize safely to gybing downwind this course is equal part fun and informative.

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm

**Dates:** 8th July

**Ages:** 9-16yrs

**Ability:** Light Swimming skills required.

**Member cost:** \$400.50 (10% discount)

**Member Guest cost:** \$445pp

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**INTERMEDIATE WINDSURFING WEEK**

Improve your Windsurfing level by refining your skills and learning to plane. During this week you will learn to harness the power of the wind. We will guide you to use a harness and foot straps. Get ready for a thrilling week unlocking the excitement of blast control.

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm

**Dates:** 22nd July

**Ages:** 12-16yrs

**Ability:** Light Swimming skills required.

**Member cost:** \$387 (10% discount)

**Member Guest cost:** \$430 pp

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**RYA STAGE 4 WEEK**

learn more about the wind, tide and water on this RYA stage 4 course. Learn to sail a double handed boat as a crew or helm, applying all the knowledge and skills from your previous levels.

**No of sessions:** 5 days (Mon-Fri), 9am to 4pm

**Dates:** Please enquire

**Ages:** 9-16yrs

**Ability:** Light Swimming skills required.

**Member cost:** \$378 (10% discount)

**Member Guest cost:** \$420pp

Mon-Fri  
9am - 4pm

**BOOK ONLINE NOW AT [USAILBDA.COM](http://USAILBDA.COM)**

OR CONTACT [CASTLEHARBOUR@USAILWATERSPORTS.COM](mailto:CASTLEHARBOUR@USAILWATERSPORTS.COM) FOR MORE INFORMATION

Limited Wet suits are available for hire for \$15 per activity per week  
Early drops off at 8:20am for an additional \$5 per day  
Additional lunch options are available.  
RYA Logbooks are included and certificates on successful completion.



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